W3= WEEKLY WATT WATCH – Rules (OK)

(Instructions how to complete Weekly Watt Watch sheet)

- Enter previous year's gas and electricity totals in units (these obtained from previous 12 months bills)
- Enter year
- Enter date at week 1
- Record gas meter and electricity meter readings for week 1
- Enter date at week 2, (readings to be taken at same time / day each week)
- Record gas meter and electricity meter readings for week 2
- Subtract week 1 reading from week 2 for gas and electricity usage figure
- Record figures in gas and electricity usage columns
- Enter date at week 3
- Record gas meter reading and electricity meter reading for week 3
- Subtract week 2 reading from week 3 for gas and electric
- Record figures in gas and electricity usage columns
- Repeat procedure up to week 13, (1st quarter) and add up total in usage columns
- Repeat for next 3 quarters
- Calculate annual totals for gas and electricity and record in annual total box

Target is 10% reduction on previous year's figures!