



**Meeting :** Senior Forum      No.3

**Date :** 27.1.15                      **Time:** 6.00pm

**Location:** The Town Hall, Bridestones Suite, Congleton.

**In attendance:-** A.Baines (Cheshire Action), Liz Shaw (CAB), Deb Lindop(CEBC Community Engagement Officer) , E.Wray& Cllr J.Wray ( Shop Mobility), S.Foster (Congleton Partnership), Mike Smith (Congleton Partnership),M.Williamson (Congleton Partnership), L.Daniels (CVS Cheshire East) ,Glen Williams (Congleton Partnership)

**Guests:-** Adrian Lindop & Team (Crewe & Nantwich Senior Forum)

Item	Agenda Item / discussion	Action / comment
1	<p><b>Welcome &amp; Apologies</b></p> <p>Steve Foster (Chair Congleton Partnership) opened the meeting by welcoming our guests from Crewe &amp; Nantwich Senior Forum.</p>	<p><b>Apologies were received from :</b>            Usman Ashiq (Plus Dane) ,Andy Holland (New Life Church) Lee Malkin (Everybody Sports &amp; Recreation), Joan Myatt (Friends In Retirement)</p>
2.	<p><b>Matters Arising (18.11.14).</b></p> <p><b>Item 2. Paragraph about your organisation.</b></p>	

	<p>From those that attend the forum meetings / use the forum for communications we still need a paragraph from:-  <b>Plus Dane Friends In Retirement.</b></p> <p><b>Item 3. Healthcare Representation.</b></p> <p><b>MMW</b> still to discuss with Roz Broad (Readesmoor Practice) about becoming the 'health care' representative on the forum</p> <p><b>Item 3. Aging Well Board.</b>  <b>LD</b> to arrange for Bernadette Bailey (Aging Well Board) to come to our meeting 24.3.15 to advise us of her groups activities.</p> <p><b>Item 3. Contact D.Anderson ( AgeUK)</b>  <b>LD &amp; LS</b> to contact Dominic re support of the group. Following these contacts / discussions <b>SF &amp; MS</b> to visit Dominic regarding future partnership working.</p> <p><b>Item 5. Community Mini Bus.</b>  <b>GW</b> has discussed documentation / admin side of running the mini bus with AH. A meeting is being organised during Feb to finalise operational procedure and availability to organisations</p>	<p><b>Let MS have a paragraph about your organisation</b></p> <p><b>MMW to talk to Roz Broad.</b></p> <p><b>LD invite R.Bailey (Aging Well Board)</b></p> <p><b>LD / LS to contact D.Anderson.</b></p> <p><b>SF/MS to follow up these contacts</b></p> <p><b>GW to call a mini bus meeting during Feb.</b></p>
3.	<p><b>Crewe &amp; Nantwich Senior Forum.</b></p> <p>Adrian Lindop gave a presentation on the Crewe &amp; Nantwich Senior Forum The forum which has a strap line of 'No service for us without us' was constitutionally formed in 2006, meeting every 6 week and developed an action plan and some clear goals.  It is now very much resident/volunteer lead ,building a very strong 'family' ethos</p>	

	<p>along the way. They have strong partnerships and funding support from both local authority, local services and national streams. They involve the public / volunteers by playing / using their individual strengths making sure people feel valued for their efforts. They have created awareness of the forum by being proactive involvement in community events, hosted workshops ,demonstrations and increasing their membership.</p> <p>With the help of their strong team of volunteers they have organised a number of successful projects ( Slow Cookers / Tree Cozy / Blooming Lovely) to name but a few. Currently they hold a Friday 'Drop In' (10 to 12.30pm) each week at a set time and location where residents can go for a drink, refreshments, chat and advice /support/ signposting. Since 2009 they have held a major Health &amp; Wellbeing Fayre which has become so successful that they now have a waiting list of organisations / exhibitors and close on 200 residents coming through the doors.</p> <p>The session certainly gave us plenty to think about and a real direction to aim for.</p> <p>We certainly need to reach out to the public, grow a bank of volunteers to take our own forum on. The newsletter project and the planned 'Senior Health Fayre' planned for Congleton may be good places to start.</p> <p>Steve thanked Adrian and his team for coming along and sharing their success and ideas with us.</p>	
4.	<p><b>Newsletter.</b></p> <p>After discussion the following commitments /action points were agreed.</p> <p>Initially Quarterly possibly distributed to all home (with Bear Necessities)</p> <p>Next one will be around April/May</p>	

	<p><b>All organisations</b> to provide an article advertising themselves with contact detail for consideration (a.s.a.p) no more than 250 words. Send article to M Smith</p> <p><b>Liz Shaw</b> offered to help pull this together</p> <p><b>MS</b> to discuss distribution, printing, numbers and costing with J MacArthur / Printer.</p> <p>Look to include a simple resident survey to canvass ideas, <b>DL</b> to look at putting this together.</p> <p>Need to think about how we collect the feedback from this survey, <b>LD</b> to look at the use of an electronic data collection tool.</p> <p><b>DL</b> to see if she can get some resource / support from within Cheshire East .</p> <p>Also include some event information and call out for volunteers</p> <p><b>SF</b> to discuss with AgeUK as too what support they could offer.</p>	<p><b>Article to MS for inclusion in the newsletter.</b></p> <p><b>MS discuss with J Mac /Printer</b></p> <p><b>DL put together survey</b></p> <p><b>LD look at electronic system</b></p> <p><b>DL oilk for CEBC support</b></p> <p><b>SF talk to AgeUK</b></p>
5.	<p><b>Directory.</b></p> <p>Still at data collection stage, very big piece of work. A number of publications currently coming out. Difficult to obtain information from various organisations / groups. Not sure of the best format to present all of this information to residents or in fact what information we do present.</p> <p>Need to revisit at a later date once data collection has finished.</p>	
6.	<p><b>Any Other Business.</b></p> <p><b>LS</b> to arrange for someone from Health Watch to attend the next meeting</p> <p><b>DL</b> circulated a '<b>Steps to a Healthier Future</b>' poster. This programme is aimed at</p>	<p><b>LS to contact Health Watch</b></p>

	<p><b>16+ and costs £12 for Twelve Weeks</b> support. More information can be found by ringing 01270 685780 or e.mail to <a href="mailto:healthtrainers@everybody.org.uk">healthtrainers@everybody.org.uk</a></p> <p><b>DL.</b> Advised that a '<b>Senior Health Fayre</b>' is being organised at <b>New Life Church</b> on <b>National Old Peoples Day, 1<sup>st</sup> October.</b></p> <p>A planning meeting has been arranged for <b>Monday 9<sup>th</sup> Feb, New Life Church, 12.15pm.</b> All are welcome. This could be a great opportunity for us to get our message / services and canvas residents support.</p>	<p><b>Planning meeting NLC 12.15pm, Mon 9<sup>th</sup> Feb.</b></p>
	<p><b>Date of the next meeting.</b></p> <p>(Meeting closed 7.55pm)</p> <p><b>Tuesday 24<sup>th</sup> March 2015</b></p> <p><b>Bridestones Suite, Congleton Town Hall, 6.00 to 8.00pm</b></p>	