



Meeting : Senior Forum

Date : 18.11.15

Time: 3.00pm

Location: The Town Hall, Bridestones Suite, Congleton.

In attendance:- Hazel Salter (CAB), E.Wray (Shop Mobility), S.Foster (Congleton Partnership), J.Myatt (Friends In Retirement), Mike Smith (Congleton Partnership), K.Mellor (Plus Dane), S.Akers-Smith (CTC), V.Lockett(AgeUK CE),E.Budge & A.Bennison (DIB Services) & K.Heyes (CECAB)

Item	Agenda Item / discussion	Action / comment
1	<p>Welcome & Apologies</p> <p>Steve welcomed everyone to the meeting, special welcome to our new members from DIB Services and CECAB.</p>	<p>Apologies were received from : Usman Ashiq (Plus Dane) ,A.Baines(Cheshire Action),L.Shaw (CAB) R&S Thompson (Congleton Disabled Club),L.Daniels (CVS)</p>
2.	<p>Minutes / Matters Arising from the last meeting (25.8.15)</p> <p>Item 4. Survey Questionnaire. Whilst the 'Bearing Up' column is certainly proving its worth, there was felt there may still be a need for some kind of events calendar. This issue to be discussed in</p>	<p>Discuss events calendar next meeting</p>

	January once 2016 programmes have been drawn up.	
3.	<p>Senior Health Fayre 1.10.15.</p> <p>Please find below a report received from Usman Ashiq:-</p> <p><i>“I’ve sent the stats for the event to Mike Smith. I can report that we had a good turnout from residents and a good variety of organisations in attendance that provided a range of information and advice. Feedback was well received and we are hopeful of running a similar event next year and would welcome everyone to be part of the planning process. The event this year was organised by Plus Dane, Cheshire East Council and Age UK Cheshire East. Funding was a big barrier initially however Cheshire East kindly funded in excess of £600, Age UK was successful in gaining sponsorship from Siemens and Pus Dane paid for the marketing and promotional materials. The main aim of the event was to highlight what health and wellbeing services were available to senior residents. Every year we tend to do something different so next year’s event could have specific themes which I believe should tie into current priorities of the GP’s, NHS CCG’s and the local communities to help insure that senior residents are aware of key health and wellbeing services.”</i></p> <p>Members also reported favourably and the general consensus was for running another event next year. MS to send out a copy of Usman’s report with these minutes</p> <p>V.Lockett to contact Donna Peddie (CEBC) and L.Malkin (Everybody Leisure) re support and a venue (Leisure Centre suggested).</p>	<p>MS send out Usman’s report.</p> <p>V.Lockett to contact D.Peddie and L.Malkin</p>
4.	<p>Timebank Presentation – A. Middlemass.</p> <p>Unfortunately Aoife was called away at the last minute and could not make the meeting.</p> <p>MS to discuss with Aoife about coming along to the meeting on 12th Jan 2016 to talk to the team.</p>	<p>MS to contact Aoife re Jan meeting.</p>

<p>5.</p>	<p>Bob’s Blog.</p> <p>Bob’s Blog ‘Bearing Up’ written by Louise Daniels is now appearing regularly in The Congleton Chronicle. The members felt it was a great source of both communication and information to a wider audience.</p> <p>Joan Myatt comment on how the blog was working for her in attracting both new members and a new volunteer.</p> <p>Mike asked that all members / organisations belonging the Senior Forum provide Louise with as much information of events / activities/opportunities as possible.</p> <p>Please e-mail Louise on louise.daniels@cvsce.org.uk</p> <p>Bear Necessities.(Congleton Town Council Qtly Publication)</p> <p>Outside of Bob’s Blog we may be able to get some event activity in Bear Necessities. Send articles of no more than 150 words to MS. Deadlines 10th Dec 2105 then end of Feb, May, Aug 2016.</p>	<p>Send Louise event and activity information for Bob’s Blog.</p> <p>Articles for Bear Necessities to MS.</p>
<p>6.</p>	<p>Mini Bus Hiring.</p> <p>We have an 8 seater mini bus (one seat being a wheelchair space) available for hire at a very competitive rate that as member of a subgroup of The Congleton Partnership you are able to take advantage of.</p> <p>The mini bus is stored at New Life Church, West Road, Congleton and all bookings can be made there. I have also attached a small amount of information for you to be aware of before taking out the bus.</p> <p>Contact for booking:-</p> <p>Eleanor Blythe</p>	

	<p>New Life Church West Rd Congleton 01260 297961. Mon to Fri (except Mon PM)</p> <p>Charges:- Cost of hire per trip £10 Plus 30p per mile</p> <p>Please leave a contact e-mail / address so that I can invoice you for the hire.</p>	
7.	<p>Future Projects.</p> <p>Please come to the next meeting with Ideas for Health and Wellbeing projects that we may be able to develop. V.Lockett raised a project that AgeUK are currently doing 'Cafe Walk' as an example. We may be able to build extra walks into their programme.</p>	<p>Bring Health and Wellbeing project ideas to the next meeting.</p>
8.	<p>A.O.B</p> <p>Members felt that the name 'Senior Forum' did not sit quite right, send suggestions to MS for discussion at the next meeting.</p>	<p>Name change suggestions to MS</p>
9.	<p>Meeting Finished at:4.37pm</p> <p>Next Meeting:- Tuesday 12th January 2016, Congleton Town Hall, 3.00pm</p>	

