



**Meeting :** Senior Forum

**Date :** 8.8.17

**Time:** 3.00pm

**Location:** The Bridestones Suite, Congleton Town Hall.

**In attendance:-** Mike Smith, Alyssa Baines, Sarah Jacklin, S.Foster, P.Houldsworth, V.Lockett, D.Murphy, Sara Rathbone, W.Cotterill, Suzanne Thomas (Sub L.Daniels CVS), Debbie Jones & Kevin Booth (Changing Lanes)

**Guest:**

Item	Agenda Item / discussion	Action / comment
1	<b>Welcome &amp; Apologies</b>  Meeting was chaired by S.Foster.  Round Robin of introductions for new members and guests.	<b>Apologies were received from :</b> J.Myatt,L.Alcock A.Bignell,G.Williams, L.Daniels,T.Stubbs, U Ashiq,
2.	<b>Minutes / Matters Arising from the last meeting (30.5.17)</b>  <i><b>Item 6. Social isolation register of activities.</b></i>  Sarah still to send out document, Wendy to send Sarah St James Court information.  Live Well site goes live 11 <sup>th</sup> September.	<b>SJ to send out the updated doc to members.</b>

	<p><b>Item 4. St John Community Hub. Questionnaire.</b> MS circulated P. Houldsworth presentation to all members.</p>	<p><b>Wendy St James info to Sarah.</b></p>
3.	<p><b>Social Isolation Register of Activities – S.Jacklin.</b></p> <p>Comments as above.</p>	
4.	<p><b>I-tea and Chat – L.Alcock.</b></p> <p>13 days set up across 8 locations, all covered by trainers except 31<sup>st</sup> October and 14<sup>th</sup> November, MS has requested support from Adele at Congleton Learning Centre.</p> <p>Full list of dates, timings and venues to be circulated along with blank poster that can be used to advertise the activities locally / as required.</p>	<p><b>MS issue full list of dates etc plus Posters</b></p>
5.	<p><b>Tea Dances.</b></p> <p>First 2 Tea Dances were poorly attended. Shirley feels there is a real need in Congleton and is willing to carry out some taster sessions. Sarah Jacklin to try and organise tasters at Heath View and St James Court. Would Sarah Jacklin discuss this with Shirley.</p> <p>Possible to look at Bakers Villas/ Clayton manor?</p> <p>Possible do a survey at Health &amp; Wellbeing Fayre.</p> <p>It may be an idea to look at the Alsager “ Chance to Dance” and link it in with Dementia Group.</p>	<p><b>SJ discuss tasters with Shirley.</b></p> <p><b>MS add to Dementia Steering Group agenda</b></p>
6.	<p><b>Dementia Awareness Event / Dementia Steering Group</b></p> <p>Dementia awareness event held on 26<sup>th</sup> July, report below:-</p>	

	<p><i>Dementia Awareness Event held on 26<sup>th</sup> July 2017</i></p> <p><i>Approx 40 attendees.</i></p> <p><i>List of Attendees held on file, some indicated willingness to become involved in setting up a steering group.</i></p> <p><i>MS open the event outlining our aim (in Partnership with Congleton Town Management team) of helping Congleton become a Dementia friendly Town.</i></p> <p><i>Dementia is now a single biggest killer, with many suffering for a long period of time. We aim for the town to be able to offer more support to those people and make shopping, socialising etc. much more inclusive and enjoyable.</i></p> <p><i>This event is a start of a long journey, it will not happen overnight although we will look to get some small wins / changes in as soon as we can.</i></p> <p><i>Speakers at the meeting included:-</i></p> <p><i>Debbi Callow from End of Life Partnership</i></p> <p><i>Claire Halsey from East Cheshire Hospice</i></p> <p><i>Kath Reader and John Poulson from Alsager Partnership.</i></p> <p><i>We concluded the event with an Open Forum where ideas were captured for discussion once the steering group has been set up.</i></p> <p><i>MS promised we would move on setting up the steering group by around Aug Bank Holiday, the meeting is now scheduled for Wed 30<sup>th</sup> August, 3.00pm at The Old Saw Mill, emails have been sent to all who indicated an interest in being involved with the steering group.</i></p> <p><i>Kath and John who outlined what they have achieved in Alsager have offered to support us wherever they could.</i></p> <p>Sara Rathbone has now offered to chair the Steering Group, we have had 16 people indicate that they will be attending the meeting so all being well we will soon be able to put a list of activities together.</p>	
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7.	<p><b>Senior Health Fayre – Friday 29<sup>th</sup> September – Congleton Town Hall.</b></p> <p>Flyers and Posters now available.</p> <p>34 (approx.) exhibitors confirmed with 3 x activities in The Bridestones Suite.</p> <p>Town Crier supporting the day, will walk around town generally advertising the event and also announce the 3 activities in the town hall 10 minutes before they start.</p> <p>AB has drawn up a layout plan, will need some new name plates for tables</p> <p>AB to let MS have a list.</p> <p>AB / SJ to get the posters /flyers out, AB to contact U.Ashiq (Plus Dane) for requirements.</p> <p>MS look after noticeboards and TIC</p> <p>All to display posters wherever they can.</p> <p>Risk assessment – has Lisa Alcock got last year's / can she please update</p> <p>MS find out U3A signing on day (<a href="#">15<sup>th</sup> August Eaton Bank Academy 10am to Noon</a>)</p>	<p><b>MS to advise D Parker what is required.</b></p> <p><b>L.Alcock- risk assessment document.</b></p>
8.	<p><b>A.O.B/ Senior Forum Ideas.</b></p> <p>“Move It Or Lose It” – Activity organised at St Johns’ end of October, PH to advise / feedback once up and running.</p> <p>Table Tennis – Sara still looking at the opportunity of a dementia friendly table tennis table</p>	
9.	<p><b>Meeting Finished at:4.54pm</b></p> <p><b>Next Meeting:- <a href="#">Tuesday 17<sup>th</sup> October 2017, Bridestones Suite 3 to 5pm.</a></b></p>	