



Meeting : Senior Forum

Date : 27.3.18

Time: 3.00pm

Location: The Spencer Suite, Congleton Town Hall.

In attendance:- Mike Smith, J.Gorman (One You CE), Sarah Jacklin, Wendy Cotterill, Wendy Townley, Glen Williams, Steve Foster, Brenda Proudlove.

Guest: Pre Health & Wellbeing Meeting :- Katharine Dowson (Mid Cheshire Health Trust)

Item	Agenda Item / discussion	Action / comment
1	<p><u>Welcome & Apologies</u></p> <p>Meeting was chaired by Mike Smith</p>	<p>Apologies were received from : A.Bignell, S AkersSmith, P.Aston, P.Houldsworth, M.Gleave. ,</p>
2.	<p><u>Minutes / Matters Arising from the last meeting (9.1.18)</u></p> <p><i>Item 2. Tea Dances.</i> S.Jacklin still to discuss taster sessions with Shirley. It was felt that there may be an opportunity to hold these at Heathview and invite other care homes. Sarah to put Shirley in touch with Wendy Townley to discuss the possibility.</p>	<p>SJ to discuss tasters/Heathview idea with Shirley</p>

	<p>Item 2. I.tea & Chat. 12 sessions now completed with varying success. Sarah suggested that the issue now may be around isolation and transportation issues, where one to one sessions at home would be most appropriate. Wendy to talk to Tesco staff to see if any of them would be able to volunteer to carry out some of this support. This has still to be action, a number of changes at Tesco have put this on hold somewhat.</p>	<p>Wendy check with staff re volunteer support I.tea and Chat</p>
<p>3.</p>	<p><u>Dementia Steering Group Plans.</u></p> <p><i>Dementia Friends Awareness Sessions.</i></p> <p>Tgt to gain 250 Dementia Friends this year, currently at 181 with a number of sessions booked in the pipeline. Banks, Churches and Medical Centres on board, now moving onto business and schools.</p> <p><i>Events/Activity Programme.</i></p> <p>Good programme of events now in place with other activities being added. First Quarterly local activity leaflet printed and distributed.</p> <p><i>Dementia Action Week (21st to 27th May)</i></p> <p>Dementia Friends Awareness Sessions being planned every day that week. Special activity planned for Paddling Pool area Thurs 24th May.</p> <p><i>Alzheimer's Society recognition.</i></p> <p>We have now gained recognition by the Alzheimer's Society as working towards a dementia Friendly town and can now use their logo both individually and with businesses.</p> <p><i>Tesco Store (Barn Rd)</i></p> <p>Wendy looking at the idea of creating a "Dementia Friends " flower bed on the newly barked / orchard area.</p>	
<p>4.</p>	<p><u>Senior Health And Wellbeing Fayre – Tuesday 2nd Oct 2018</u></p> <p>Sub Group. S Akers Smith, M.Smith.S.Jacklin,A.Bignall, M.Gleave J.Gorman and K.Dowson (MCHT)</p> <p>This is now planned to be a joint event with Mid Cheshire Health Trust who will be holding their AGM in the Town hall on that day.</p> <p>After initial discussions in Feb today we looked at potential exhibitors and themes.</p>	

	<p>Katharine Howson (MCHT) has out together a list of possible exhibitors including a number of internal MCHT services, after review she agreed to draw up a revised list and forward to MS.</p> <p>We are looking to create separate zones (Clinical Health, Health, Winter Wellbeing and Community)</p> <p>Tea, Coffee and Cakes will be nearer the bottom of the hall so as to encourage people to visit as many stands as possible.</p> <p>MS/SJ to look after local initiations, KD to handle NHS internal/external.</p> <p><u>Next sub group meeting Tuesday 16th May 10.30am, Congleton Town Hall.</u></p>	<p>KD send list to M.Smith</p> <p>MS/SJ local contacts</p>
5.	<p><u>Senior Forum Ideas.</u></p> <p><i>Social Isolation</i></p> <p>Sarah raised the issue of men looking to access local sports etc. They are less likely than the women to go out and meet people easily. There used to be a men's group operating out of Trinity, Glen to check if this is still functioning.</p> <p>Brenda working on developing a men's session at The Railway Bowling Club. Funding needed Brenda to talk to Wendy re Tesco Bags of Help scheme.</p> <p>The issue of social isolation to be raised at the Neighbourhood Partnership Meeting 28.3.18</p>	<p>GW check on Trinity men's group.</p> <p>Brenda talk to Wendy re Tesco scheme.</p>
8.	<p>Meeting Finished at:4.30pm</p> <p>Next Meeting:- TBC</p>	