

Meeting : Congleton Youth Forum – Meeting No.39

A sub group of The Congleton Partnership.

Date : Tuesday 20th March 2018

Time: 3.30pm

Location: Congleton High School.

In attendance : Glen Williams (Chair), C.Eckersley, Jo Money, L.Griffen ,A.Gillett, J.Kent, K.Rogers, M.Gleave, K.McIntyre, S.Foster& M.Smith

Guest : Carys Jones (Body Positive) and D.Ritherdon (Dementia Friendly Congleton)

Item	Agenda Item / discussion	Action / comment
2.	Apologies: L.Minshull , A.Gillett,J.Cutts P.Aston, J.Maddock and L.Whittaker	
1.	Welcome & Introductions. Glen welcomed everyone to the meeting.	
3.	Minutes of the last meeting / Matters Arising. (6.12.17) No action points raised all issues are on the main agenda.	
4.	Body Positive – Carys Jones. Body Positive are a charity, commissioned by both CEBC and Cheshire West and Chester to provide sexual health, sexuality and gender diversity service to the community. Their services include Testing, Counselling, Education, working with Social Groups, One to One and Peer Support. The have an outreach service consisting of 3 members and work closely with Colleges and Schools.	

	<p>Carys to contact both CHS and EBA with a view to delivering some support to the schools, also interested in attending the Congleton Family Fun Day. MS send her details.</p>	<p>MS send Carys Cong Fun Day info.</p>
<p>5.</p>	<p>Mental Health Substance Misuse- PB Funded Project.</p> <p><u>Reports/Updates.(20.3.10)</u></p> <p>Master Sheet showing element, Funding and Lead person(s) issued separately.</p> <p>1. Professional presentation to school groups.</p> <p>Youth Fed helped set this up quoting £125 . J.Kent agreed the lead people to help deliver this on Youth Fed's behalf should be Mike Jones and Natalie Garstang. GW to contact J.Kent. L.Griffen (EBA) and C.Eckersley / Jill Taylor (CHS) to look at timings, years involved and message to be given.</p> <p><i>No update received. GW to chase up. Liz Griffen said that she may be able to find someone to deliver this if Youth Fed don't do this. Need dates that suit the two schools.</i></p> <p>2. Targeted sessions by detached youth workers.</p> <p>GW to discuss with June Maddock and Amie Gillett. Could use the £200 to add on alternative activity whilst out on their normal sessions. June could ask young people for their ideas at schools.</p> <p><i>CEBC under pressure to deliver more than their normal days in Congleton (Tue/Wed/Fri)</i></p> <p><i>Kay to discuss with Amie what can be done. Budget could be used to encourage them to use alternative provision. Another alternative would be to use it during the 10th April event to</i></p>	<p>GW to chase up Youth Fed.</p>

run tasters on something specific as a follow up to issues raised during detachment work?

Production and distribution of promotional material.

Liz to do some research around the subject, there may be something we could buy ready-made that would meet this element. Could be a pocket guide, QA card for their mobiles, CRISIS CARD etc. Young people could also help build this up.

In terms of the 'crisis card' I have spoken to Clare Holmes in terms of any information about a card that is already out there but there doesn't seem to be anything at the moment. Laura and I have discussed what we feel would work best in terms of some national organisations combined with some local organisations. We then need to look at creating this. I am happy to talk to our marketing department to create this.

3. Additional targeted support for health and wellbeing counsellor going into schools to follow up presentations/workshops.

Laura Whitaker to lead on this. To look at the most appropriate follow up activity after the 2 Youth Fed workshops. It could mean an extra ½ days support per school each fortnight.

Laura currently delivering 2 hour sessions at both EBA and CHS on peer mentoring support.

First peer mentoring training session has taken place at EBA Thursday 15th March. This is to be followed up with a second session on Thursday 22nd March. Sixth Form students are all then receiving a mental health awareness session – 2 hours on Tuesday 27th March. Sixth form peer mentoring programme will be starting after Easter with Sixth formers mentoring year 7/8.

4. Workshops lead by trained workers for student leaders.

This will involve Visyon, Student Leaders / ambassadors. Laura to work up and let us know the costs. Liz to discuss at with CHS

5. Substance Awareness days.

Both secondary schools to be involved. GW discuss with F.Bruce / Youth Committee.

Jo Money to pull together a list of professionals and their contact details and send onto Liz and Caroline. List to include:- Jane Cummins, Ashley and Debbie, Changing Lanes and Evolve(Alison).

Liz to discuss with Simone re the PHSE time table.

Could be a "Stop Morning" activity at each schools, 2 to 3 speakers for 2 to 3 hours or 3 x1 hour sessions with a number of year groups.

Congleton Youth Committee keep raising this as a topic, they need to take the lead. GW to discuss this with them.

EBA have done a session and would be happy to deliver it again but would be nearer the year end, needs building into PHSE timetable.

6. Production and distribution of promotional material.

Eg 40 things to do in Congleton leaflet. Jo Money to discuss update with Jackie Mac.

Jo to send out to the group for additions/ alterations.

GW discuss with Youth Committee.

	<p>LG could do with a supply of the original leaflet.</p> <p><i>Jo Money is currently working on a new “40 things to do leaflet2 to be featured on the schools websites. Kay to send Jo some updated information/any other links.</i></p> <p><i>Needs to be ready before JULY term end.</i></p> <p><i>Carys to send MS a write up to go on the leaflet.</i></p> <p><i>Need to send out to see if the info is current. MS/JM to action</i></p>	<p><i>Carys send MS a write up.</i></p> <p><i>MS/Jm check info is current.</i></p>
6.	<p>Dementia Friendly Congleton – D Ritherdon</p> <p>Diane discussed Congleton’s aim to become a dementia friendly town. To date this year we have gained 180+ dementia Friends, pulled together a programme of activity and created a leaflet to support this activity.</p> <p>We are looking to get to the broadest possible audience and currently we have a big gap with Schools and young people.</p> <p>Whilst this main be seen as an older generation issue, younger family members could well be affected by the situation and issues it brings.</p> <p>We are looking to deliver tailor made dementia friend session to schools, the sessions would last between 45 to 60 mins depending on the age group , a “ Changes In Behaviour session can be added if you so wish.</p> <p>We are having a major push on Dementia Friends during Dementia Action Week 21st to 27th May. Both schools are interested, they will contact Diane direct.</p>	<p>Schools contact Diane direct.</p>
7.	<p>A.O.B</p> <p>Safety Central.</p> <p>MS had circulated information on Safety Central. This purpose built facility at Lymm Cheshire is an interactive life skills centre with 5different zones that help young people learn to be safe in the real world.</p> <p>Avoid Cyber crime</p> <p>Know what dangers to look for</p>	

	<p>Get to know apps Protect themselves from predators Be safe in different surroundings. This make a good trip for schools and can be tailored to the age group on the day.</p> <p>Contact on www.safetycentral.org.uk</p> <p><i>Note CHS have arranged a trip already Spring 2019, booked up for this year.</i></p> <p>Family Fun Fest -10th April Congleton Leisure Centre. The event offers tasters across a wide range of sports. Included in the day is a Bouncy Castle, Fire Engine, Police Car with crash sim, food stall, dance activities Teen Gym etc etc. Free to all. MS circulate poster, CHS put on big screen in the hall. Amie to put out on social media, Glen advertise around Bromley Farm Amie contact Usman at Plus Dane.</p> <p>CHS Shelter. Currently the school is raising money for an outdoor shelter in the Quad area. The £20K project is designed to ease pressure at break time/ lunchtime, function as an Outdoor Classroom and some planned community activity. Building would ideally start over the summer with the facility being open for the start of the next school year. Once built is it hoped to start a Sustainability Group with students running charity Tuesdays and uniform Recycling.</p> <p>Connected Communities. Mark advised the group of the first Connected Communities project meeting at The Old Saw Mill, Wed 28th March, 3pm. 4 Connected Community Centres are being developed in and around Congleton although some outreach activity could well be available</p>	
10.	<p>Next Meeting.</p> <p>TBA. Early 2018 at CHS.</p>	

